

College of Liberal & Professional Studies

POST-BACCALAUREATE  
Pre-Health Programs

*Getting Started at Penn*



Pre-Health Programs  
[www.upenn.edu/preheath](http://www.upenn.edu/preheath)

# Pre-Health Preparatory Post-Baccalaureate Programs

Welcome to the Pre-Health Preparatory Post-Baccalaureate Programs at the College of Liberal and Professional Studies, the University of Pennsylvania. In this presentation you will find instructions about important tasks to complete before you begin your studies at Penn.

If you have any questions regarding access to Penn, please call LPS at 215-898-7326 or send an email to [lps@sas.upenn.edu](mailto:lps@sas.upenn.edu).

Regards,

Jacqueline McLaughlin, MS, RD

Director, Pre-Health Programs

# **Pre-Health Programs Team**

**Jacqueline McLaughlin, MS, RD** - *Director of Pre-Health Programs*

**Danielle Lever, MS**- *Senior Advisor of Pre-Health Programs*

**John Zimmerman, PhD**- *Biology Lecturer, Pre-Health Programs Advisor*

**Sukalpa Basu, PhD**- *Physics and Math Lecturer, Pre-Health Programs Advisor*

**Simon Tong, PhD**- *Organic Chemistry Lecturer, Pre-Health Programs Advisor*

**Faye McKoy, MSW**- *Coordinator, Pre-Health Programs*

# Review the New Student Checklist

## <https://www.lps.upenn.edu/students/new-students>

← → ↻ https://www.lps.upenn.edu/students/new-students

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The following checklist will guide you through the necessary steps to begin your coursework at LPS. Please be sure to follow each of the steps, in order, for your own convenience. Our staff is available to answer any questions as they arise.





## New student checklist

### 1. Accept your offer of admission

To accept our offer of admission, just revisit your online application and answer a few short questions. Once you have submitted your decision form, we will be able to create a student record for you in the Penn system.

### 2. Review Pre-Orientation materials

Pre-Orientation is the gateway to getting started at Penn. You will find a checklist to complete for a successful start at Penn as well as a wealth of helpful resources. Pre-Orientation documents are designed to introduce you to Penn, LPS, policies and procedures, registration, and next steps. This thorough presentation is required of all incoming students, but each program has its own version.

- [Bachelor of Arts and Bachelor of Fine Arts Programs \(PDF\)](#) 
- [Graduate Programs \(PDF\)](#) 
- [Pre-Health Post-Baccalaureate Programs \(PDF\)](#) 
- [Post-Baccalaureate Studies and Penn Alumni Programs \(PDF\)](#) 

# Your New Student “Checklist”



- ☐ Schedule **mandatory First Advising appointment** with a Pre-Health Advisor by calling Faye at 215.746.2238.
  
- ☐ All Pre-Health students (whether Core or Specialized) who will be taking general chemistry and/or physics courses are required to complete the **Pre-Health Math On-Ramp course**.
  - ☐ This requires a PennKey. (refer to [\*Pre-Health Programs Student Handbook\*](#) for more information)
  - ☐ *There is also a \$100 fee that will be charged to a student's Pennant account.*
  
- ☐ Submit ALL final official transcripts to LPS Admissions.
  - ☐ Refer to the transcript submission policy here  
<https://www.lps.upenn.edu/students/new-students/transcript-submission>

# Your New Student “Checklist” continued



- ☐ Set up your [Pennkey](https://pennkeysupport.upenn.edu/) and password (if you don't already have one): <https://pennkeysupport.upenn.edu/>
  
- ☐ Set up your SAS email (if you don't already have one)
  - ☐ *If you already have an **active email address at Penn** (anything ending in *upenn.edu*), then continue to use that; you don't need to create a new email account.*
  - ☐ More info can be found here  
<https://computing.sas.upenn.edu/help/students/email/options>
  
- ☐ Add your SAS email to the online [Penn Directory](#).

# Your New Student “Checklist” continued



## ☐ Complete Penn Wellness requirements

☐ To ensure the health and safety of all students, the University requires all full- and part-time students to have adequate health insurance and remain up-to-date on their immunizations.

☐ More info can be found here

<https://wellness.upenn.edu/immunization-insurance-requirements/new-and-incoming-students>

## ☐ Register for courses through Path@Penn

## ☐ Obtain a PennCard (photo ID) following course registration

## ☐ Attend Pre-Health Programs New Student Orientation (NSO)

# **PennKey:** <https://pennkeysupport.upenn.edu/>

- ❑ First and essential step needed to access the University's electronic services.

## **How do you get your PennKey?**

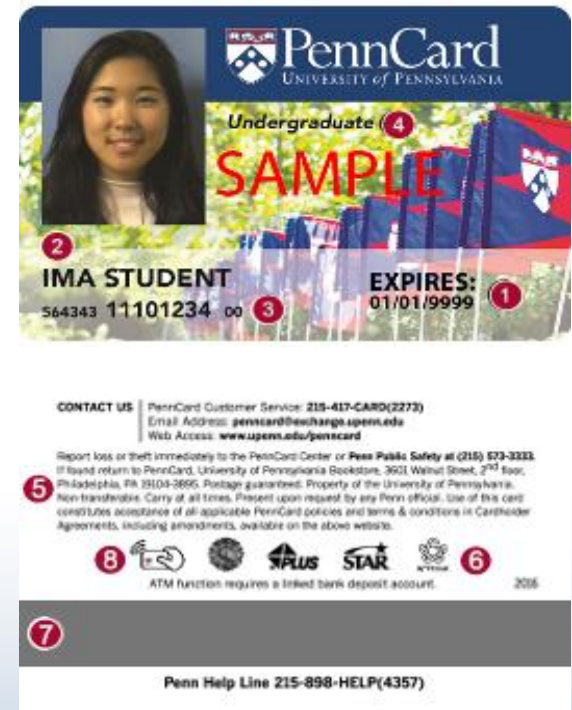
- ❑ For current students and Penn employees, you can continue to use your existing PennKey.
- ❑ If you don't already have a PennKey, *you will be sent a set-up code to the email you used when applying to Penn LPS*. You can expect to receive that invitation 3-5 business days after you accept admission into the program.
- ❑ Or if you wish to get it sooner, please allow two business days after submitting your decision form before visiting the Registrar's office. You will need to show a photo ID.

# Getting Started with a Penn SAS Email

- ❑ If you DO NOT already have an active Penn email address (*anything ending in upenn.edu*), then you must create one.
- ❑ Please follow all of the instructions on SAS Computing for getting started with an email:  
<https://computing.sas.upenn.edu/help/students/email/options>

# PennCard: <https://penncard.business-services.upenn.edu/>

- ❑ Official university identification card, provides access to campus buildings and facilities.
- ❑ Get PennCard *after registering* for classes.
- ❑ When on-campus, carry your PennCard at ALL times.
- ❑ If you work for UPenn or HUP, alert PennCard of your “*student*” status.
- ❑ The PennCard Center is located on the Second Floor of Penn Bookstore at 3601 Walnut Street.



# Path@Penn

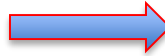
<https://srfs.upenn.edu/path-at-penn>

- ❑ Path@Penn is your main hub of information about your academic records, financial aid, and student profile.
- ❑ Path@Penn is also the system to use when registering for classes.

 Path@Penn

 Path@Penn

You will log in  
with your Pennkey  
credentials.



> LOG IN

# Registering for Courses

- ❑ Register for courses through Path@Penn
  - ❑ *We strongly recommend each student have a first advising appointment prior to registering with a Pre-Health Advisor.*
- ❑ Please refer to the Path@Penn site for more detailed information on how to navigate the system: <https://srfs.upenn.edu/path-at-penn>

Costs & Budgeting	EXPLORE >
Billing & Payment	EXPLORE >
Financial Aid	EXPLORE >
Student Employment	EXPLORE >
Registration, Catalog & Calendar	EXPLORE >
Student Records	EXPLORE >
Policies & Publications	EXPLORE >
Faculty & Staff Resources	EXPLORE >
Financial Wellness @ Penn	
SRFS Offices	
Contact Us	
Events & Deadlines	

Home

Path@Penn is your main hub for information about your academic records, financial aid, and student profile.

ACCESS PATH@PENN >

## Quick Reference Guides

- [Apply to Graduate](#)
- [Registration Tips & Tricks](#)
- [How to Submit Petitions](#)
- [Update Required Contact Information](#)
- [Updating Critical Information](#)
- [Increase Max CU Load](#)
- [Request Permission to Take a Class](#)
- [Request Classes during Advance Registration](#)
- [Change Grade Modes or Take a Class Pass/Fail](#)
- [Add/Drop/Swap courses](#)
- [Submit Absence Notices in Course Action Notices \(CAN\)](#)

Additional resource guides will be posted with each release

# LPS Academic Calendar:

<https://www.lps.upenn.edu/about/academic-calendar>



https://www.lps.upenn.edu/about/academic-calendar

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Social Media Toolkit

## Academic calendars

Home > About LPS >

LPS academic calendar



Penn LPS Online academic calendar





## ALERT!

### *LPS ACADEMIC DEADLINES ARE FIRM!*

- ☐ Some LPS academic deadlines and other calendar dates may be different in other Penn Schools or Colleges.
- ☐ It is **your responsibility** to be aware of important dates on the LPS calendar.
  - ☐ *If you are enrolled in a class outside of LPS (e.g. SAS, Nursing) you will still follow the LPS Academic Deadline Dates!!!*
- ☐ Includes: semester start/end dates, drop deadlines, exam schedule, holidays/breaks.

# Tuition and Fees

<https://www.lps.upenn.edu/non-degree-programs/pre-health/tuition>

- ❑ Current tuition rates and fees are posted on the [LPS website](#).
- ❑ Pre-Health Programs students who are taking courses outside of the College of Liberal and Professional Studies during the day (e.g., in other schools of the University such as the School of Engineering and Applied Sciences, the School of Nursing or the College of Arts and Sciences) **are charged the tuition of that school.**
- ❑ If you have a course scheduling conflict and need to take a day class in the College that is not offered by LPS, you may qualify for a [course-conflict cost adjustment](#).

# Tuition and Fees continued

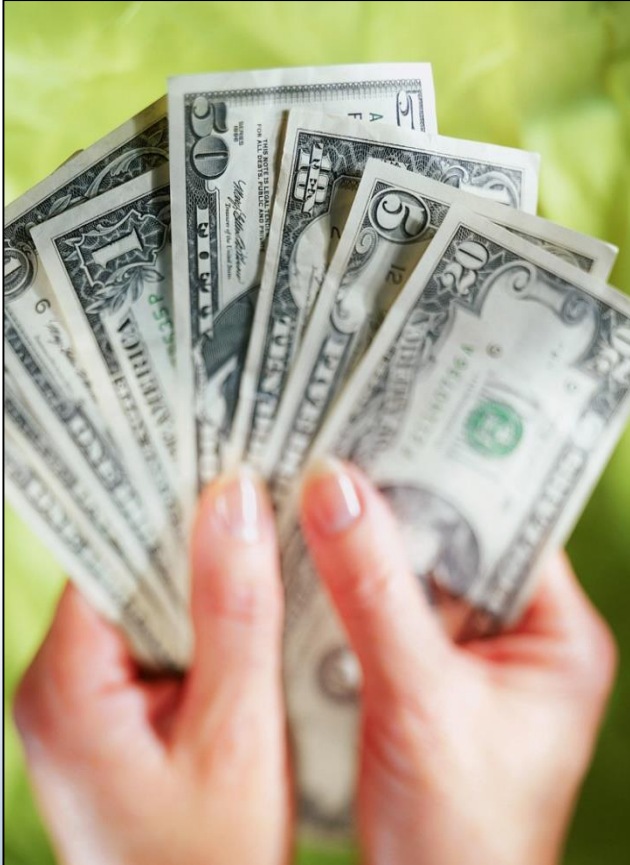
- ❑ Course-conflict requests only apply to the *fall or spring term*. The deadline for the submission of a course-conflict cost adjustment request is the last day to add a course in any given semester.
- ❑ Pre-Health students would need to complete an **online Course-Conflict Tuition Adjustment Form** to make the request: <https://www.lps.upenn.edu/form/pre-health-course-conflict-adjustment>

# Tuition and Fees continued

- ❑ **Program fee:** The program fee supports activities and events specific to the Pre-Health Programs.
- ❑ **General fee:** A General Fee is assessed to all undergraduate, graduate, and professional students, and directly funds Penn's non-instructional student support services. The General Fee for **full-time students (enrolled in 4 CUs/semester)** provides them with full access to a wide variety of services and resources, including counseling and wellness, recreation and fitness, learning support, and much more.
- ❑ *Refer to the [LPS Tuition](#) for additional fee(s) information.*

# Billing and Payment

<https://srfs.upenn.edu/billing-payment>



- ☐ Questions about your bill or charges?  
Contact LPS Records:
  - ☐ [lps@sas.upenn.edu](mailto:lps@sas.upenn.edu) and in the subject line include "Attention: Records"
  - ☐ Tel. 215.746.7040
- ☐ Questions about Financial Aid? Contact Student Financial Services (SFS):
  - ☐ Walk-Ins/Appointments: Franklin Building Lobby, 3451 Walnut Street
  - ☐ Email: [sfsmail@pobox.upenn.edu](mailto:sfsmail@pobox.upenn.edu)
  - ☐ Tel. 215.898.1988
  - ☐ **Program of study:** *Pre-Health Preparatory Post-Bacc Program*
    - ☐ You need to indicate to SFS this is your program of study at LPS when contacting them.

# *Full-time benefit-eligible Penn Employees*

- ❑ LPS nor the Pre-Health Program does not approve, administer or apply tuition benefits for the University or Health System.
- ❑ You must **apply** for tuition benefits if you want Penn or Penn Health System to pay for classes.
- ❑ **University Employees refer here:**
  - ❑ <https://www.hr.upenn.edu/PennHR/benefits-pay/tuition>
- ❑ **UPHS Health System Employees refer here:**
  - ❑ <https://www.uphsrandyou.com/Financial-Support/Tuition-Assistance>



## *Full-time benefit-eligible CHOP Employees*

- ❑ LPS nor the Pre-Health Program does not approve, administer, or apply tuition benefits for the Children's Hospital of Philadelphia (CHOP).
- ❑ CHOP employees will need to refer here for more information and how to access their education benefit  
<https://careers.chop.edu/us/en/benefits>



# Campus Resources for Penn Students



# Weingarten Center

<https://wlrc.vpul.upenn.edu/>

- ❑ **Penn's home for Academic Support & Disability Services.**
- ❑ **Academic Support** includes learning consultations, tutoring and interactive programs to support Penn students.
- ❑ **Disability Services** provides comprehensive, professional services and programs for Penn students who self-identify with disabilities to ensure equal opportunities & participation in University-sponsored programs.

# Weingarten's Academic Support

<https://wlrc.vpul.upenn.edu/academic-support/>



wlrc.vpul.upenn.edu/academic-support/

Penn O365 Email

Imported From Fire...

Penn Pre-Health Co...

The Chronicle of Hi...

Pre-Health Progra...

Personal

PH Advising Resour...

Penn-specific

## Academic Support

Learning consultations, tutoring, and interactive programs support students as they develop learning strategies and content knowledge to further their academic and professional goals.



### Learning Consultations

We provide professional instruction in university-relevant skills such as academic reading, writing, study strategies, and time management.

[Learn More](#)

### Tutoring

We offer Penn undergraduate students free, accessible, and convenient options to compliment their in-class learning.

[Learn More](#)

Access the Weingarten Center Portal



MyWeingartenCenter

# Weingarten's Learning Consultations

- ❑ Offers opportunities for Penn students to build and strengthen their study skills and strategies.
- ❑ Students can schedule 50-minute virtual or in-person meetings.
- ❑ Drop-in consultations and workshops in the fall and spring semester are also available to students.

<https://wlrc.vpul.upenn.edu/learning-consultations/>

# Weingarten's Tutoring

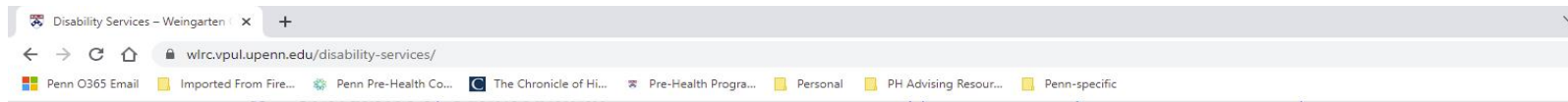
- ❑ Offers Penn undergraduate students (includes Pre-Health Preparatory Post-Bacc Program students) free, accessible content tutoring for introductory core science curriculum classes.
- ❑ Drop-in (satellite) tutoring and weekly tutoring schedules available.

<https://wlrc.vpul.upenn.edu/tutoring-services/>

*for more information*

# Weingarten's Disability Services

<https://wlrc.vpul.upenn.edu/disability-services/>



The Weingarten Center has moved to Hamilton Village located on 220 South 40th Street, Suite 260. Please use the MyWeingartenCenter portal to schedule appointments with staff.



HOME / DISABILITY SERVICES

## Disability Services

The Weingarten Center provides services for students who self-identify with a disability in order to ensure equal access to all University programs, activities, and services. The process begins when a student requests an accommodation, provides documentation of their condition, and meets with a Disability Specialist. Students who receive accommodations work with the Disability Services staff to coordinate their academic accommodations as well as accessible housing, dining, communication, and technology. Through ongoing collaboration with the Weingarten Center, students learn to identify and utilize individualized accommodations and strategies that support their full participation in university life.

# Weingarten's Disability Services

- ❑ Students are strongly advised to register with Disability Services upon matriculation into the University; it can *take up to 4 weeks* to review documentation and approve accommodations.
- ❑ For students who wish to make a **first-time request** for disability services at the University of Pennsylvania, they must follow all of this *Getting Started information*: <https://wlrc.vpul.upenn.edu/getting-started/>

# Wellness at Penn

<https://wellness.upenn.edu/>

- ❑ Built upon two pillars: **Student Health and Counseling** and **Public Health and Wellbeing**.

## Important things to note:

- ❑ Refer to Wellness at Penn for [Insurance and Immunization Compliance](#) information.
- ❑ All full-time students (enrolled in 4 CUs/semester for fall and spring) can be seen in Student Health regardless of their insurance coverage.
- ❑ All full-time students are charged a [Clinical Fee](#) which allows them to visit SHS.
- ❑ Part-time students may elect to pay the clinical fee in order to be seen.

# Student Health and Counseling

<https://wellness.upenn.edu/student-health-and-counseling>

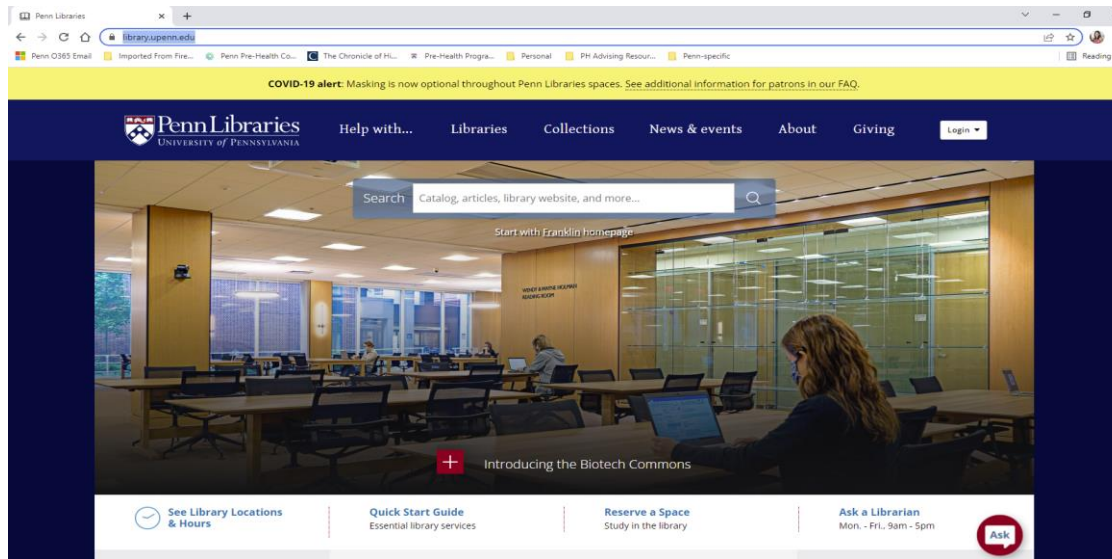
- ☐ Student Health and Counseling (formerly SHS and CAPS) is the primary care and psychological care division of Wellness at Penn.
  - ☐ Schedule 1-1 appointment (counseling is available 24/7)
  - ☐ Drop-in Hours
  - ☐ Group counseling
  
- ☐ **Confidential and free short-term service**

# Student Health and Counseling continued

- ❑ **University of Pennsylvania faculty or staff** who request an appointment at Student Counseling will be directed to the **University of Pennsylvania's Employee Assistance Program.**
- ❑ *This policy will apply regardless of concurrent student status.*

<https://www.hr.upenn.edu/PennHR/wellness-worklife/counseling-and-employee-assistance-program>

# Penn Libraries: <https://www.library.upenn.edu/>



- ❑ Explore on-campus libraries & collections; Inter-library borrowing options; reserve study spaces; news & events; workshops.
- ❑ **Online courseware~ Canvas at Penn** <https://infocanvas.upenn.edu/>
  - ❑ Penn's online learning management system



# Transportation and Parking



- ❑ Visit Penn Transportation and Parking to view daily bus/shuttle schedules, Campus Transit Options and PennRides on Request Mobile App:  
<https://cms.business-services.upenn.edu/transportation/schedules/pennrides-on-request.html>
- ❑ Penn students can visit **Campus Express** for details on Penn Transit, discounts for SEPTA & PennPass, and applying for a Parking permit at <https://prod.campusexpress.upenn.edu/> (*need Pennkey credentials to login*)
- ❑ **LUCY: Loop through University City** operated by SEPTA, makes multiple stops between Penn's Campus and 30<sup>th</sup> Street Station, Monday-Friday from 6:10 AM – 7:00 PM. LUCY is **FREE** of charge to all valid PennCard holders.
- ❑ **Resources for Cyclists** -> <https://cms.business-services.upenn.edu/transportation/walking-biking/cyclist-resources.html>

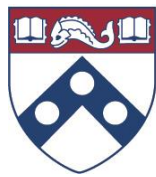
# Public Safety

<https://www.publicsafety.upenn.edu/>

- ☐ **Walking Escort Service:** 215-898-WALK  
(available 24/7 between 30<sup>th</sup> to 43<sup>rd</sup> Streets and Market Street to Baltimore Avenue).
- ☐ **Riding Escort Service:** 215-898-RIDE
- ☐ More than 200 Blue light phones on-campus and in the surrounding community.
- ☐ **Contact for Emergencies:**
  - ☐ 511 (from campus phone)
  - ☐ 215-573-3333 (off campus)
- ☐ **Safety Initiatives** including self-defense courses.



# Keep in touch and welcome to Penn!



College of Liberal & Professional Studies  
**Penn LPS**

215.898.7326 ● [lps@sas.upenn.edu](mailto:lps@sas.upenn.edu) ● <https://www.lps.upenn.edu/>