Pre-Health Programs

Getting Started at Penn
Pre-Health Post-Baccalaureate Programs

Welcome to the Pre-Health Post Baccalaureate Programs at the College of Liberal and Professional Studies, the University of Pennsylvania. In this presentation you will find instructions about important tasks to complete before you begin your studies at Penn.

If you have any questions regarding access to Penn, please call LPS at 215-898-7326 or send an email to lps@sas.upenn.edu.

Regards,
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Pre-Health Programs Team

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Congratulations on your acceptance to the University of Pennsylvania’s College of Liberal and Professional Studies (LPS)! We are proud to welcome you to the community of outstanding students dedicated to expanding their intellectual and professional horizons at LPS. If you are a Penn LPS Online student, please visit Information for New Penn LPS Online Students.

Master of Science in Applied Geosciences online students, please follow the instructions below.

The following checklist will guide you through the necessary steps to begin your coursework at LPS. Please be sure to follow each of the steps, in order, for your own convenience. Our staff is available to answer any questions as they arise.

**New student checklist**

1. **Accept your offer of admission**
   To accept our offer of admission, just revisit your online application and answer a few short questions. Once you have submitted your decision form, we will be able to create a student record for you in the Penn system.

2. **Review Pre-Orientation materials**
   Pre-Orientation is the gateway to getting started at Penn. You will find a checklist to complete for a successful start at Penn as well as a wealth of helpful resources. Pre-Orientation documents are designed to introduce you to Penn, LPS, policies and procedures, registration, and next steps. This thorough presentation is required of all incoming students, but each program has its own version.
Your New Student “Checklist”

- Schedule **mandatory First Advising appointment** with a Pre-Health Advisor by calling Faye at 215.746.2238.

- If you are incoming Core Studies students planning to take CHEM 1101/1021 and/or PHYS 0101/0102 in the fall and spring, you will not be able to register for these courses until you complete **the math proficiency program**. (*refer to Pre-Health Programs Student Handbook for more information*)

- Submit all final official transcripts to LPS Admissions.

- Set up your [Pennkey](https://example.com) and password (if you don’t already have one).
Your New Student “Checklist” continued

- Set up your SAS email (if you don’t already have one)
  - *If you already have an active email address at Penn (anything ending in upenn.edu), then continue to use that; you don’t need to create a new email account.*

- Add your SAS email to the online Penn Directory.

- Set up your Profile on Penn Pre-Health Connect Site (*refer to Pre-Health Programs Student Handbook for instructions*).
PennKey: [https://pennkeysupport.upenn.edu/](https://pennkeysupport.upenn.edu/)

- First and essential step needed to access the University’s electronic services.

- **How do you get your PennKey?**
  - For current students and Penn employees, you can continue to use your existing PennKey.
  - If you don’t already have a PennKey, you will be sent a setup code to the email you used when applying to Penn LPS. You can expect to receive that invitation 3-5 business days after you accept admission into the program.
  - Or if you wish to get it sooner, please allow two business days after submitting your decision form before visiting the Registrar’s office. You will need to show a photo ID.
Getting Started with a Penn SAS Email

• If you DO NOT already have an active Penn email address (*anything ending in upenn.edu*), then you must create one.

• Please follow all of the instructions on SAS Computing for getting started with an email: [https://computing.sas.upenn.edu/help/students/email/options](https://computing.sas.upenn.edu/help/students/email/options)
PennCard: [https://penncard.business-services.upenn.edu/](https://penncard.business-services.upenn.edu/)

- Official university identification card, provides access to campus buildings and facilities.
- Get PennCard **after registering** for classes.
- When on-campus, carry your PennCard at **ALL** times.
- If you work for UPenn or HUP, alert PennCard of your **“student” status.**
- The PennCard Center is located on the Second Floor of Penn Bookstore at 3601 Walnut Street.
Path@Penn

https://srfs.upenn.edu/path-at-penn

• Path@Penn is your main hub of information about your academic records, financial aid, and student profile.
• Path@Penn is also the system to use when registering for classes.

You will log in with your Pennkey credentials.
Registering for Courses

- Register for courses through Path@Penn
  - *We strongly recommend each student have a first advising appointment prior to registering with a Pre-Health Advisor.*
- Please refer to the Path@Penn site for more detailed information on how to navigate the system: [https://srfs.upenn.edu/path-at-penn](https://srfs.upenn.edu/path-at-penn)
- You can also visit the Student Support Resources which includes information the NGSS (Next Generation Student System): [https://ngss.srfs.upenn.edu/ngss-student-support-resources.html](https://ngss.srfs.upenn.edu/ngss-student-support-resources.html)

### Coming Soon

<table>
<thead>
<tr>
<th>Functionality</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>XCAT, the external credit approval tool</td>
<td>Available March 16</td>
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<tr>
<td>Course search tools and a preview of registration tools</td>
<td>Available April 4</td>
</tr>
<tr>
<td>Full array of registration tools</td>
<td>April 18 (when advance registration and summer registration open)</td>
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### Support

During the coming months students will transition from using Penn InTouch to using Path@Penn. Your academic advisor is the most important resource in helping you use these tools. However, there are guides and instructions available on the Path@Penn web page. You can also contact the Student Service Center for help.
Are you familiar with the LPS website?

https://www.lps.upenn.edu/

Pre-Health Programs

Prepare for health professional school success with Ivy League academics and individualized
LPS Academic Calendar:
https://www.lps.upenn.edu/about/academic-calendar
ALERT!
LPS ACADEMIC DEADLINES ARE FIRM!

• Some LPS academic deadlines and other calendar dates may be different in other Penn Schools or Colleges.
• It is your responsibility to be aware of important dates on the LPS calendar.
  – If you are enrolled in a class outside of LPS (e.g. SAS, Nursing) you will still follow the LPS Academic Deadline Dates!!!
• Includes: semester start/end dates, drop deadlines, exam schedule, holidays/breaks.
Tuition and Fees

https://www.lps.upenn.edu/non-degree-programs/pre-health/tuition

• Current tuition rates and fees are posted on the LPS website.

• Pre-Health Programs students who are taking courses outside of the College of Liberal and Professional Studies during the day (e.g., in other schools of the University such as the School of Engineering and Applied Sciences, the School of Nursing or the College of Arts and Sciences) are charged the tuition of that school.

• If you have a course scheduling conflict and need to take a day class not offered by LPS, you may qualify for a course-conflict cost adjustment.
Tuition and Fees continued

• Course-conflict requests only apply to the **fall or spring term**. The deadline for the submission of a course-conflict cost adjustment request is the last day to add a course in any given semester.

• Pre-Health students would need to complete an **online Course-Conflict Tuition Adjustment Form** to make the request: [https://www.lps.upenn.edu/form/pre-health-course-conflict-adjustment](https://www.lps.upenn.edu/form/pre-health-course-conflict-adjustment)
Tuition and Fees continued

• **Program fee:** The program fee supports activities and events specific to the Pre-Health Programs.

• **General fee:** A General Fee is assessed to all undergraduate, graduate, and professional students, and directly funds Penn's non-instructional student support services.
  – The General Fee for **full-time students (enrolled in 4 CUs/semester)** provides them with full access to a wide variety of services and resources, including counseling and wellness, recreation and fitness, learning support, and much more.

• **Refer to the [LPS Tuition](#) for additional fee(s) information.**
Billing and Payment
https://srfs.upenn.edu/billing-payment

• Questions about your bill or charges? Contact LPS Records:
  o lps@sas.upenn.edu and in the subject line include "Attention: Records"
  o Tel. 215.746.7040

• Questions about Financial Aid? Contact Student Financial Services (SFS):
  – Walk-Ins/Appointments: Franklin Building Lobby, 3451 Walnut Street
  – Email: sfsmail@pobox.upenn.edu
  – Tel. 215.898.1988
  – Program of study: **Pre-Health Post-Bacc Program**
    • You need to indicate to SFS this is your program of study at LPS when contacting them.
Full-time benefit-eligible Penn Employees

- LPS nor the Pre-Health Programs team does not approve, administer or apply tuition benefits for the University or Health System.
- You must apply for tuition benefits if you want Penn or Penn Health System to pay for classes.
- University Employees refer here:
  - https://www.hr.upenn.edu/PennHR/benefits-pay/tuition
  - FAQs: https://www.hr.upenn.edu/PennHR/benefits-pay/tuition/frequently-asked-questions/faq-for-myself

- UPHS Health System Employees refer here:
Full-time benefit-eligible CHOP Employees

• LPS nor the Pre-Health Programs team does not approve, administer, or apply tuition benefits for the Children’s Hospital of Philadelphia (CHOP).

• CHOP’s Education Assistance Program, EdAssist, enables eligible employees to advance their personal and professional development after **one year** of service.

• Please contact CHOP’s EdAssist for more information at:
  – 1-866-922-7644
  – [www.chop.edassist.com](http://www.chop.edassist.com)
Campus Resources for Penn Students
Weingarten Center
https://wlrc.vpul.upenn.edu/

• Penn’s home for Academic Support & Disability Services.

• **Academic Support** includes learning consultations, tutoring and interactive programs to support Penn students.

• **Disability Services** provides comprehensive, professional services and programs for Penn students who self-identify with disabilities to ensure equal opportunities & participation in University-sponsored programs.
Weingarten’s Academic Support

https://wlrc.vpul.upenn.edu/academic-support/

Academic Support

Learning consultations, tutoring, and interactive programs support students as they develop learning strategies and content knowledge to further their academic and professional goals.

Learning Consultations

We provide professional instruction in university-relevant skills such as academic reading, writing, study strategies, and time management.

Tutoring

We offer Penn undergraduate students free, accessible, and convenient options to complement their in-class learning.

Access the Weingarten Center Portal

MyWeingartenCenter
Weingarten’s Learning Consultations

• Offers opportunities for Penn students to build and strengthen their study skills and strategies.
• Students can schedule 50-minute virtual or in-person meetings.
• Drop-in consultations and workshops in the fall and spring semester are also available to students.

https://wlrc.vpul.upenn.edu/learning-consultations/ for more information
Weingarten’s Tutoring

• Offers Penn undergraduate students (includes Pre-Health Post-Bacc Program students) free, accessible content tutoring for introductory core science curriculum classes.

• Drop-in (satellite) tutoring and weekly tutoring schedules available.

https://wlrc.vpul.upenn.edu/tutoring-services/ for more information
Weingarten’s Disability Services
https://wlrc.vpul.upenn.edu/disability-services/

The Weingarten Center has moved to Hamilton Village located on 220 South 40th Street, Suite 260. Please use the MyWeingartenCenter portal to schedule appointments with staff.

Disability Services

The Weingarten Center provides services for students who self-identify with a disability in order to ensure equal access to all University programs, activities, and services. The process begins when a student requests an accommodation, provides documentation of their condition, and meets with a Disability Specialist. Students who receive accommodations work with the Disability Services staff to coordinate their academic accommodations as well as accessible housing, dining, communication, and technology. Through ongoing collaboration with the Weingarten Center, students learn to identify and utilize individualized accommodations and strategies that support their full participation in university life.
Weingarten’s Disability Services

• Students are strongly advised to register with Disability Services upon matriculation into the University; it can take up to 4 weeks to review documentation and approve accommodations.

• For students who wish to make a first-time request for disability services at the University of Pennsylvania, they must follow all of this Getting Started information: https://wlrc.vpul.upenn.edu/getting-started/
• Refer to SHS for Insurance and Immunization Compliance information.
• All full-time students (enrolled in 4 CUs/semester for fall and spring) can be seen in Student Health regardless of their insurance coverage.
• All full-time students are charged a Clinical Fee which allows them to visit SHS.
• Part-time students may elect to pay the clinical fee in order to be seen.
Campus Health
https://campushealth.wellness.upenn.edu/

- Campus Health is the University’s public health office providing the entire Penn community with disease surveillance and prevention, health education and promotion, and policies.
Counseling & Psychological Services (CAPS)
https://caps.wellness.upenn.edu/

- 24/7 Support
- Appointments
- Walk-ins
- Group Program
- Self-care
- I Care Training
- Resources for helping someone you know
- Confidential
University of Pennsylvania faculty or staff who request an appointment at CAPS will be directed to the University of Pennsylvania’s Employee Assistance Program. This policy will apply regardless of concurrent student status.
Penn Libraries: https://www.library.upenn.edu/

- Explore on-campus libraries & collections; Inter-library borrowing options; reserve study spaces; news & events; workshops.
- Online courseware~ Canvas at Penn https://infocanvas.upenn.edu/
  - Penn’s learning management system
Transportation and Parking

• Visit Penn Transportation and Parking to view daily bus/shuttle schedules, Campus Transit Options and PennRides on Request Mobile App: https://cms.business-services.upenn.edu/transportation/schedules/pennrides-on-request.html

• Penn students can visit Campus Express for details on Penn Transit, discounts for SEPTA & PennPass, and applying for a Parking permit at https://prod.campusexpress.upenn.edu/ (need Pennkey credentials to login)

• **LUCY**: Loop through University City operated by SEPTA, makes multiple stops between Penn’s Campus and 30th Street Station, Monday-Friday from 6:10 AM – 7:00 PM. LUCY is **FREE** of charge to all valid PennCard holders.

• **Resources for Cyclists** -> https://cms.business-services.upenn.edu/transportation/walking-biking/cyclist-resources.html
Public Safety
https://www.publicsafety.upenn.edu/

- **Walking Escort Service**: 215-898-WALK (available 24/7 between 30th to 43rd Streets and Market Street to Baltimore Avenue).
- More than 200 Blue light phones on-campus and in the surrounding community.
- **Contact for Emergencies**:
  - 511 (from campus phone)
  - 215-573-3333 (off campus)
  - **Safety Initiatives** including self-defense courses.
Keep in touch and welcome to Penn!

215.898.7326 ● lps@sas.upenn.edu ● https://www.lps.upenn.edu/